

The True Cost of Fashion

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Books

[Loved Clothes Last: How the Joy of Repairing and Rewearing Clothes can be a Revolutionary Act](#) by Orsola de Castro

[To Die for](#) by Alden Wicker (about the dye industry)

[Unraveled: The Life and Death of a Garment](#) – Maxine Bédard

[Wasteland: The Dirty Truth About What We Throw Away, Where It Goes, and Why It Matters](#) By Oliver Franklin Wallis.

[Consumed: The Need for Collective Change: Colonialism, Climate Change, and Consumerism](#) – Aja Barber

[The Conscious Closet](#) by Elizabeth L. Cline

The Revolutionary Guide to Looking Good While Doing Good is a definitive guide to building an ethical, sustainable wardrobe you'll love.

[Wear Next, Fashioning the Future](#) by Clare Press presents a crystal ball look into tomorrow's wardrobe, imagining 16 scenarios likely to shape our fashion futures, from conscious, fair, slow and upcycled to biointelligent and digital.

[Fashionopolis- Why What We Wear Matters](#) by Dana Thomas

[The Sustainable Wardrobe](#), by journalist **Sophie Benson**

Documentary Films:

[Fashion Reimagined](#) (2022) one designer's quest to design a sustainable fashion line.

[The True Cost of Fashion](#) (2015) Explores the impact of fashion on people and planet.

[Brandy Hellville and The Cult of Fashion](#) (2024) Original Documentary that uncovers the toxic origins and culture of the teen brand and the global ramifications of mass-produced clothing.

[Buy Now. The Shopping Conspiracy](#) (2024) It focuses on issues such as consumerism and overproduction.

[The River Blue](#) (2016) Following international river conservationist, Mark Angelo, RIVERBLUE spans the globe to infiltrate one of the world's most pollutive industries, fashion. Narrated by clean water supporter Jason Priestley, this groundbreaking documentary examines the destruction of our rivers, its effect on humanity, and the solutions that inspire hope for a sustainable future.

[Riveted](#), The History of Jeans (2023) From its roots in slavery to its connection to the Wild West, youth culture, the civil rights movement, rock and roll, hippies, high fashion and hip-hop, jeans are the canvas on which the history of American ideology and politics is writ large.

[Textile Mountain](#) 21 minute doc about the burden on other countries of our textile waste

Podcast lists:

<https://goodonyou.eco/ethical-fashion-podcasts/>

[Clotheshipodcast](#) The podcast that loves clothes but hates capitalism

[Wardrobe Crisis](#) by Clare Press is the hub for all things sustainability and ethical fashion. The podcast explores the role of fashion in climate change, and highlights those who are doing the work

Legislation:

[Extended Producer Responsibility in California](#)- brands pay some of the cost to responsibly handle textiles at the end of life.

[The Fabric Act](#): would protect nearly 100,000 American garment workers and revitalize the garment industry in the United States by improving working conditions, reforming the piece-rate pay scale and investing in domestic apparel production.

[The Fashion Act](#) would require brands to adhere to labor and environmental targets.

ARTICLE ABOUT RECYCLING YOUR CLOTHING

[How to Recycle Unwanted Clothes: Myths, Realities, and Practical Tips by Amy Miles](#)

Where to find more information on brands and how sustainable they are:

<https://goodonyou.eco/> (app)

Organizations

[Fashion Revolution](#)

[Remake our World](#)

[PA Fibershed](#)

NJ Fibershed

Greenpeace

[The Or Foundation](#)–

Working at the intersection of environmental justice, education and fashion development, our mission is to identify and manifest alternatives to the dominant model of fashion – alternatives that bring forth ecological prosperity, as opposed to destruction, and that inspire citizens to form a relationship with fashion that extends beyond their role as consumer.

Groups:

Buy Nothing Groups on Facebook

NJ Fibershed